# So you want to volunteer

# How can you help?

#### Free Store

Our Free Store is open to the community for kai, conversation and some food to take home. Invest in intentional conversations, be part of serving or collect food from our donors.

#### Warehouse

Free during the day? With a neverending list of jobs to do - from stacking and unpacking boxes, cleaning, driving and more - the warehouse team is for you!

#### **Practical Skills**

Skilled in a trade? Our ever-expanding facilities could use your help! Your expertise in construction and labouring could help transform our space into a place that transforms lives.

#### **Interpersonal Skills**

Handy with the human condition? If you have valuable skills and experience with cross-cultural conversations, phycology or more, you may be able to empower our volunteers to make life-changing experiences for our communities.

## What We Need From You

Our volunteers are the backbone of Kairos. They play an important part in improving the lives of the people in our community. It is Kairos' responsibility to make sure we do this safely and well. For this reason, we take health and safety seriously.

All volunteers with Kairos must undergo a police check. This allows us to make informed decisions

about our volunteers and the roles that they can fill. Just because you have something on your record doesn't mean you will be ruled out.

Our volunteers must also sign a Code of Conduct. The Code of Conduct outlines our organisation's standards and expectations of the people who represent us.

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kairosfreestore



www.kairosfoodrescue.org.nz

# **Our Story**

Beth Hutt worked as a barista trainer. In her travels to various Christchurch cafés, she was appalled at the amount of food wasted after not having been sold by the end of the day. She also saw people on the street begging for food. Beth saw an opportunity to bring these together, and Kairos was born.

In recent years, the way Kairos needed to collect food changed. Many cafés had shut as a result of COVID lockdowns. Meanwhile the demand for food was greater than ever before. Kairos began inviting donations of bulk food from suppliers like grocery store chains and food producers and wholesalers. Instead of just café food, Kairos was able to increase its offerings to include produce, meat and even dog biscuit.

Kairos has grown from a handful of volunteers to six full-time and part-time staff. We supply over 25 reputable food banks in Christchurch and are involved with other food rescue and food banks, both locally and nationally.



### **Our Values**



### Create a space where everyone is welcome



To see food going into the hands of people and create an inclusive, beautiful community.



Embody manaakitanga (care of relationships) and kotahitanga (unity) to show our community what true hospitality looks like, and to accept that there is unity in diversity.

Practice sustainability and have a positive impact on the environment.





Be relational, not transactional, and have a space where you can come as you are; no questions asked.