

# BEETROOT & POTATO HASH

## INGREDIENTS

- 2 medium-sized beetroots, peeled and grated
- 2 medium potatoes, peeled and grated
- 1 onion, finely chopped
- 2 tablespoons vegetable oil
- Salt and pepper to taste
- Optional: fried eggs or tofu for serving

## DIRECTIONS

Heat vegetable oil in a skillet over medium heat. Add chopped onion and sauté until softened.

Add grated beetroot and potatoes to the skillet. Season with salt and pepper to taste.

Cook, stirring occasionally, until the vegetables are tender and slightly crispy, about 10-15 minutes.

Serve hot, topped with fried eggs or tofu if desired.

